



WESTERN ILLINOIS YOUTH CAMP

	Sunday	Monday	Tuesday	Wednesday	Thursday	
7:00	Adventure Camp 2010 Activity Codes:	Early Bird Advantage! Pine Tree Forest Hike	Early Bird Advantage! Sunrise Canoe Ride	Early Bird Advantage! Polar Bear Swim	Early Bird Advantage! Ropes Obstacle Course	
8:00		Breakfast and Morning Rally (flag raising, chants, safety skits, announcements, morning activity choices)				
8:30	Choice Activities	Wagon Wheel Small Groups Camp Expectations Discussion/Teambuilding Signs	Wagon Wheel Small Groups Camp Safety Discussion/Group Choice Activity	Wagon Wheel Small Groups Camper Feedback Discussion/Amazing Race Plan	Wagon Wheel Small Groups Camp Reflection Discussion/Amazing Race Practice	
9:00		Swimming Assessments (By Cabin) Archery Instruction: The Basics	Canoeing Instruction: Balance and Rowing Archery Instruction: Aiming	Canoeing Instruction: Speed and Navigation Archery Instruction: Challenge	Captain, Oh Captain, Adventure, Adventure! (Campus-wide relay race)	
9:30	Meal and Snack Times	Beginner Swimming Lessons Art Instruction: Landscape Painting	Beginner Swimming Lessons Art Instruction: Nature Collage	Beginner Swimming Lessons Art Instruction: Clay		Activity Rotation (choose 3): One Last Hike! One Last Canoe Ride! One Last Craft! One Last Arrow! One Last Ropes Course Challenge!
10:00		Advanced Swimming Lessons Hiking: Pine Forest	Advanced Swimming Lessons Hiking: South Campus	Advanced Swimming Lessons Hiking North Campus		
10:30	"Wagon Wheel" Small Group Activities	Fishing Instruction: Safety and Casting Beginner Guitar Instruction: The Basics Ropes Obstacle Course Instruction/Safety	Fishing Instruction: Live Bait Beginner Guitar Instruction: Tablature Ropes Obstacle Course Challenge Practice	Fishing Instruction: Lures Beginner Guitar Instruction: Chords Ropes Obstacle Course Team Challenge	Small and Whole Group Pictures T-Shirt Sign Time!	
11:00		Instructional Activities	Lunch and Afternoon Rally (songs, announcements, afternoon activity choices)			
12:00	Waterfront Activities		Rec Time! Kickball, Tetherball, Adventure Hike or Boots Off.	Rec Time! Volleyball, Basketball, Archery or Boots Off.	Rec Time! Soccer, Ping Pong, Ropes Obstacle Course or Boots Off.	Rec Time! Hockey, Softball, Canoeing or Boots Off.
1:00	Cabin Activities	Waterfront Activities (until 4:30) Open Swimming, Sand Building, Beachfront Games				
1:30						
2:00	Whole Group Activities	Quick Triple R Time! (Refuel-snack, Rehydrate-water, Reapply-sunscreen)				
2:30						
3:00	NEW and IMPROVED PROGRAMMING!	Group Canoeing and Row Boating			Slip and Slide!	
3:30		Continue Open Swimming and Canoeing Until 4:30			Shower, Cleanup, and Pack	
4:00		Cabin Phase Out from Waterfront Boots Off (shower, change, reapply sunscreen, and relax until dinner)				
4:30		Dinner and Evening Rally (flag lowering, chants, safety skits, evening activity choices)			2010 Closing Ceremony!	
5:00		Gates Open	Wagon Wheel Small Groups Daily Reflection Discussion /Group Choice Activity	Wagon Wheel Small Groups Daily Reflection Discussion /Group Skit Planning	Wagon Wheel Small Groups Daily Reflection Discussion /Group Skit Practice	Mingle and Say "Goodbye"
5:30	Registration, Cabin Assignments, Unpack, Cabin Teambuilding Activities	Plant Identification Instruction Hike	Outdoor Survival Instruction Hike	Plant Identification Instruction Hike	Pick-up and Departure	
6:00		Wildlife Tracking Instruction Hike	Plant Identification Instruction Hike	Outdoor Survival Instruction Hike		
6:30	2010 Welcome Rally!	Team Name Reveal and You Choose! Activity Instruction	You Choose! (choose 4) Fishing on the Knoll Canoeing Expedition Dance Choreography Practice Recreation Activity (i.e. sports) Archery Target Practice	You Choose! (choose 4) Fishing Tips and Skills Recycled Nature Crafts Archery Row Boating Talent Show Practice	www.westernyouthcamp.org If you have ANY questions or concerns about camper registration, programming or safety please call Casey McDaniel, Camp Director, at (217)883-2829 or email caseymmcdaniel@yahoo.com	
7:00	Wagon Wheel Small Groups Introduction/Teambuilding Group Name	You Choose! (choose 4) Fishing Derby Canoe Exploration Dance/Gymnastics Recreation Activity (i.e. sports) Archery Target Practice				2010 Talent Show
7:30	Cabin Team Tug-Of-War	Archery Target Practice				Big Screen Movie Under the Stars! (Movie Snacks) (*Late Lights Out)
8:00	Small Group Scavenger Hunt Tour	Moonlight Hike				
8:30	Teambuilding/Introduction Activities	Campfire Snacks, Songs, and Stories	Campfire Snacks, Songs, and Stories	Campfire Snacks, Songs, and Stories		
9:00	Campfire Snacks, Songs, and Stories					
9:30	Lights Out (Bedtime)	Lights Out (Bedtime)			* Activity schedule is subject to change and is weather permitting.	
10:00						